# **Schedule of Health Benefits** Signal Plan Effective June 1, 2024

# **LOCAL TREATMENT AND SERVICES**

#### Health Insurance Act Benefits - HI

As specified under The Health Insurance Act 1970 and its regulations, orders and rules

Supplementary	y In-Hospita	I Benefits -	SH
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Ancillary Hospital Services	100%, Bermuda Hospitals Board Fee Schedule
Surgical, Obstetrical, Anaesthetic, Diagnostic and Medical Care	100%, Bermuda Fee Schedule
Ground Ambulance to Home	As specified under The Health Insurance Act
Chronic Disease Management Programme	80%, \$2,880 maximum per policy year
Medical Alarm Device	80%, \$200 maximum per policy year

#### Preventive and Diagnostic Benefits – PD

Medical	Ν	lu	trit	tional	lΤ	hera	py	/
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(Provider must be a registered Dietitian approved by Argus)

- Initial Consultation \$160 - 1 per policy year - Subsequent - Individual Visit \$65 - Subsequent - Group Session \$35

- Combined Maximum \$745 per policy year

Diabetes Prevention Programme

(Programme & provider must be pre-approved by Argus)

- Group Session \$30 - 12 sessions per policy year

Diabetes Rewind Programme

(Programme & provider must be pre-approved by Argus)

For persons with type I or II diabetes or diabetic neuropathy

**Annual Foot Exam** \$150 - maximum 1 examination per policy year

Allergy Testing \$900 every 5 years

Allergy Injections \$20 - per injection and serum combined

Annual Health Exam Maximum 1 examination per policy year

- General Practitioner \$225 \$195 - Paediatric (2-18 years)

(Provider must be approved by the Bermuda Health Council)

100% of billed charges at Island Health Services and

Family Practice Group

100%, one programme per lifetime

Annual Specialist/Gynaecologist Exam (all ages) \$225 - maximum 1 examination per policy year

100% of billed charges at Island Health Services and

Family Practice Group

Routine Diagnostic Testing in conjunction with Annual Exams 100%, Bermuda Fee Schedule

Well-Baby Routine Health Examination (under 2 years) \$150 - maximum 6 examinations per policy year

**Annual Eye Exam** 

\$115 - maximum 1 examination per policy year

Routine Diagnostic Testing in conjunction with Annual Eye Exam \$200 per policy year



## Local Treatment & Services...continued

Immunisations and Injections \$50 per injection

\$1,000 maximum per policy year for Dependent

Children under age 19

Laboratory & Diagnostic Services in Private Testing Facilities

Includes Genetic Testing and Sleep Studies (These services must be pre-certified by Argus)

100%, Bermuda Fee Schedule

#### Home and Office Medical Benefits - HO

General Practitioner - Office Visit \$130 (100% of billed charges at Island Health

Services and Family Practice Group)

Specialist - Office Visit

9 visits per policy year combined

General Practitioner - Home Visit \$170 - 3 per policy year

\$315 - 2 per policy year (100% of billed charges at Specialist - Initial Consultation

Island Health Services and Family Practice Group)

Telemedicine - Virtual Office Visit Same as in-person reimbursement

With a Local Provider only

Subject to benefit maximums, if applicable With Local & Overseas Providers Jointly Not subject to benefit maximums

(Services & providers must be pre-approved by Argus; refer to

FAQ's)

100%, Bermuda Fee Schedule

Physical Medicine and Supplementary Therapies:

In-Office Medical/Surgical Treatment

- Physical & Occupational Therapy/TENS

o Individual Visit

\$85 o Group Session \$40

Combined Maximum, all Services \$900 per policy year

Chiropractic \$85 - 6 visits per policy year

Chiropody/Podiatry \$85 - 6 visits per policy year

Behavioural Therapies for Autism Spectrum & Attention Deficit

(Services must be pre-approved by Argus)

Individual and family applied behavioural therapies 100% of billed charges, \$10,000 per policy year

Mental Health Services:

- Psychiatrist Visit \$190 - maximum 6 visits per policy year

- Psychologist/Group Therapy Session \$140 - maximum 6 sessions per policy year

- Counselling Services (Includes Addiction, Art, Play & Equestrian Therapies)

o Individual Visit \$100

 Group Session \$45

Combined Maximum, Counselling 6 visits/sessions per policy year

- Smoking Cessation Counselling

o Individual Visit \$100 Group Session \$45

Combined Maximum, Smoking Cessation \$370 per policy year

Neuropsychological Testing

100%, Bermuda Fee Schedule. One test every 2 (Services must be pre-approved by Argus) policy years to a maximum of \$5,000.



## Local Treatment & Services...continued

Sclerotherapy 100%, Bermuda Fee Schedule, \$1,000 per policy

year

Lymphedema Treatment \$110 – 28 visits per policy year

#### **OVERSEAS TREATMENT AND SERVICES**

### Major Medical Benefits - MM

Eligible Expenses are payable at a percentage of the lesser of Usual and Customary Charges, claim amounts reduced by the Argus claims editing process or Discounted Rates.

All Insured Persons other than Dependent Children noted below Dependent Children age 19 and under age 26 who are not full-

Policy Year: \$500,000 Policy Year: \$500,000 Lifetime: \$1,500,000 Lifetime: \$500,000

time students

# **Emergency Treatment:**

Insured must call Argus within 48 hours in order to receive 100% coinsurance; otherwise, benefits will be payable at 10% for inpatient facility only, and all other services will not be eligible

### Treatment Not Available in Bermuda not specified below:

Insured must call Argus in advance and treatment must be pre-certified by Argus and obtained within the Argus Preferred Provider Network in order to receive 100% coinsurance; otherwise, benefits will be payable at 10% for inpatient facility only, and all other services will not be eligible

#### **Treatment Available in Bermuda:**

Benefits will be payable at 10% for inpatient facility only, and all other services will not be eligible

Argus Specialty Networks:	Pre-certified and In-Network	Not Pre-certified
Neonatal Treatment, Birth Defects & High-Risk Pregnancy	100%	10% inpatient only
Spinal Treatment (subject to a mandatory second opinion review)	100%	10% inpatient only
Paediatric Assessment of Autism Spectrum & Attention Deficit Disorders	100%	10% inpatient only
Specialty Prescription Drugs	100%	10% inpatient only
Psychiatric Disorders & Substance Abuse Disorders	100%	10% inpatient only
Non-Solid Organ Transplants (Bone Marrow, Stem Cell and CAR-T)	100%	10% inpatient only

The following services are payable at a percentage of the lesser of Usual & Customary charges, claim amounts reduced by the Argus claims editing process or Discounted Rates, and must be pre-certified by Argus in order to receive maximum reimbursement:

Inpatient Care Semi-private accommodation

Intensive Care, Outpatient and Emergency Care Unlimited

Surgical, Obstetrical, Anaesthetic, Diagnostic and Medical Care Unlimited

Physician Services – Home or Office Visit Unlimited



## Overseas Treatment & Services...continued

Rehabilitation / Skilled Nursing Facility

Semi-private up to 60 days per policy year

Home Health Care Unlimited

Transplant Services Unlimited

Psychiatric & Substance Abuse Disorders: Up to 90 days per policy year, must be pre-certified

by Argus in order to be eligible and receive maximum

reimbursement

Inpatient Care Unlimited

Psychiatric Professional Services \$5,500 combined maximum per policy year

Airfare and accommodation are only eligible for Psychiatric & Substance Abuse services, Emergency Treatment and treatment which is not available in Bermuda and must be pre-certified by Argus in order to be eligible. For maximum reimbursement, travel arrangements must be made by the Argus Concierge. The daily reimbursement allowance is inclusive of charges for hotel or rental accommodation, transportation and other daily living expenses incurred outside Bermuda while the Insured Person is receiving Medically Necessary treatment.

Commercial Economy Airfare\*\* - per Insured Person or per

Insured Minor and Parent/Guardian jointly

(Excludes preferred/priority seating and baggage fees)

\$15,000 combined maximum per policy year

Daily Reimbursement Allowance (Hotel, Transportation, Meals)\*\*

- In the Argus Preferred Provider & Specialty Networks:

Insured Person or Insured Minor and Parent/Guardian
 is in the

jointly

Without Hotel or Rental Accommodation

Up to \$300 per day

50% of above amount

- All other facilities and providers:

Insured Person or Insured Minor and Parent/Guardian
 is in the

jointly

o Without Hotel or Rental Accommodation

Up to \$200 per day

50% of above amounts

The following services must be pre-certified by Argus in order to be eligible:

Ground Ambulance and Air Ambulance Unlimited (if Medically Necessary)

Behavioural Therapies for Autism Spectrum & Attention Deficit

Disorders

Individual and family applied behavioural therapies 100% of billed charges, \$2,500 maximum per policy

year

Cardiac Rehabilitation/Exercise Programme \$2,000 per policy year

Genetic Testing Unlimited

Telemedicine Virtual Office Visit Unlimited

Student Mental Health Hotline Unlimited

Repatriation of remains (inclusive of cremation)

Unlimited for return of remains or ashes



## **WORLDWIDE TREATMENT AND SERVICES**

## Prescription Drug Benefit - RX

Drugs, Birth Control, Medicines and Sera available only by prescription.

100% for generic drugs 80% for brand name drugs

\$7,500 maximum per policy year

## **Specialty Prescription Drug Benefit – RX**

Specialty Prescription Drugs (Must be pre-certified by Argus)
(High cost drugs, biologic and biosimilar drugs and specialty
drugs approved by Argus to treat complex or chronic medical
conditions)

100% for tier one drugs 50% for tier two drugs

# **Vision Care Benefits - VC**

Prescription Eye Glasses or Contact Lenses \$400 per policy year payable at 100%

Elective Surgical Treatment for Vision Correction \$2,000 per lifetime payable at 100%

#### Dental Benefit Summary - DE

Benefits are payable in accordance with the Bermuda Dental Fee Schedule. Amounts charged by a provider which exceed the scheduled amounts are your responsibility.

Please obtain a pre-estimate of benefits from your dentist prior to undergoing extensive dental procedures.

## Basic Dental Services (DE01):

Preventive and Diagnostic	100% of Fee Schedule	Policy Year: Unlimited	Lifetime: Unlimited	
Exams, Consultations, Polishing,	100% of Fee Schedule	Policy Year: \$1,400	Lifetime: Unlimited	
Scaling or Root Planing, Fluoride				
Surgical and Minor Restorative	100% of Fee Schedule	Policy Year: Unlimited	Lifetime: Unlimited	
Endodontics	100% of Fee Schedule	Policy Year: Unlimited	Lifetime: Unlimited	
Periodontics	50% of Fee Schedule	Policy Year: \$2,000	Lifetime: Unlimited	
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Major Restorative Services (DE02)	50% or 80% of Fee	Policy Year: \$5,000	Lifetime: Unlimited	
	Schedule			
Orthodontic Services (DE03)	Only Insured Persons up to age 19 are covered			
Offilodoffiic Services (DE03)	Only modred rersons up	to age 19 are covered		
	50% of Fee Schedule	Policy Year: N/A	Lifetime: \$4,000	

<sup>\*\*</sup>Airfare and accommodation do not apply to Worldwide Treatment and Services

Benefits in this booklet provide a brief summary of the Group Health plan. To view the coverage that applies to you, log-in to your Argus Vantage secure member account at www.argus.bm/argus-vantage. Full terms and conditions of the plan are provided in the Master Policy issued to your employer.

**Argus Customer Service Centre 298-0888** 

www.argus.bm

